



# YOUR PULMONARY VISIT PREP CHECKLIST

## Bring

- Photo ID + insurance card(s)
- Medicine list & allergies (include inhalers/spacer)
- Prior results (X-ray/CT/PFT/sleep) & CPAP/BiPAP settings/report

## 1–2 Days Before

- Confirm time/location; bring referral if required
- Keep usual medicines unless told otherwise
- Gather records; arrange a ride if breathing tests planned

## Day Of

- Arrive 10–15 minutes early
- Eat/drink normally; avoid heavy scents
- Bring oxygen if you use it

## During

- Vitals and breathing tests as needed
- Review medicines and goals; ask questions

## After

- Check Patient Portal for plan, orders, and results
- Fill prescriptions; message non-urgent questions in the portal
- Book your follow-up before leaving or online later

## Sleep Testing (if scheduled)

- **HST:** Small home device for one night
- **PSG:** Overnight in-lab with sensors & a technician
- **Night-of:** clean skin/hair; no oils. Follow your Test-Day Guide

## Quick Links

**Book / Secure Messages:** <https://med.tc/vw/?r=ujQcJ3>

**Patient Portal:** [https://mycw129.ecwcloud.com/portal17940/jsp/100mp/login\\_otp.jsp](https://mycw129.ecwcloud.com/portal17940/jsp/100mp/login_otp.jsp)

**Bill Pay:** <https://pay.balancecollect.com/m/pcpc>

**Tap to call:** tel:14808357111

English only. No medical advice by regular email—use the portal for non-urgent messages.

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